BABY SPINACH SALAD

SERVES 6

HEART HEALTHY

1 Tbsp Olive Oil

1 Tbsp Lemon lime soda

1 Tbsp Balsamic vinegar

1 Tsp Dijon mustard

1/4 Tsp Vanilla extract

1/8 Tsp Orange zest

3/4 Tsp Orange juice

1/8 Tsp Ginger root, freshly grated

Black pepper, to taste

Red pepper flakes, pinch

1 Tbsp Dried cranberries

1 Tbsp Walnut pieces

3 Cups Baby spinach

 Serving Size:
 1

 Calories:
 44

 Fat:
 3.1 gm

 Protein:
 < 1 gm</td>

 Carbohydrates:
 3.7 gm

 Sodium:
 41 mg

- Whisk first 10 ingredients together. Tosss with spinach, dried cranberries and walnuts just before serving.

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